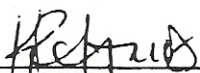


Subject: Treatment Guidelines – BLS  
**Heat Illness/Hyperthermia**

Associated Policies:

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- I. Priorities
  - A. ABC's.
  - B. Remove the patient from the source of heat.
  - C. Determine degree of physiologic distress.
  - D. Start cooling measures while completing secondary assessment.
  - E. Communicate with transporting ambulance or base hospital.
  - F. Transport.
- II. Heat Illness/Hyperthermia
  - A. Heat Cramps/Heat Exhaustion:
    - 1. Ensure a patent airway.
    - 2. Move patient to a cool environment.
    - 3. Assessing need for oxygen. Administer per Oxygen Administration policy.
    - 4. Use Pulse Oximetry when available.
    - 5. Contact transporting ambulance or base hospital.
    - 6. Transport.
  - B. Heat Stroke:
    - 1. Ensure a patent airway.
    - 2. Move to cool environment and begin aggressive cooling measures:
      - a. Remove clothing and splash/sponge with water, especially head.
      - b. Place cool packs on neck and in axilla and inguinal areas.
      - c. Promote cooling by fanning.
    - 3. Administer oxygen per policy.
    - 4. Monitor airway closely for vomiting and need for suctioning.
    - 5. Contact transporting ambulance or base hospital.
    - 6. Transport Code 3.

Approved: 

Approved as to Form: 