NORTH COAST EMERGENCY MEDICAL SERVICES

POLICIES AND PROCEDURES

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Subject: Scope of Practice/Procedure - ALS

Atropine Sulfate

Associated Policies:

I. Class

A. Parasympathetic blocker (anticholinergic). Blocks vagal effects.

II. Indications

- A. Symptomatic bradycardia
- B. Second or third degree atrioventricular (AV) block when Transcutaneous Pacing is not available or delayed.
- C. Symptomatic organophosphate poisoning.

III. Therapeutic Effects

- A. Blocks parasympathetic action on the heart.
- B. Enhances conduction through the AV junction.
- C. Accelerates heart rate thereby improving cardiac output.
- D. Suppresses hypercholinergic effects of organophosphate poisoning.

IV. Contraindications

- A. Absolute:
 - 1. Tachycardia.
 - 2. Hypersensitivity.
- B. Relative:
 - 1. Narrow-angle glaucoma.

V. Adverse Effects

- A. Blurred vision.
- B. Dryness of the mouth.
- C. Flushing of the skin.
- D. Urinary retention.
- E. Headache.
- F. Tachycardia.
- G. Palpitations.

VI. Administration and Dosage

- A. Bradycardia with pulses:
 - 1. Adult: 1.0 mg IV every 3-5 minutes to a maximum of 0.04 mg/kg.
 - 2. Pediatric: 0.02 mg/kg (minimum single dose 0.1 mg and a maximum single dose 0.5 mg), which may be repeated every 5 minutes as needed to a maximum total dose of 1 mg in a child and 2.0 mg in an adolescent.

D. Organophosphate:

1. Adult: 2 mg IV or IM every 5 to 15 minutes as needed.

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Associated Policies:

2. Pediatric: 0.05 mg/kg, IV, IO or IM every 15 minutes as needed.

VII. Special Information

- A. Doses smaller than 0.5 mg in an adult can cause paradoxical bradycardia.
- B. Doses smaller than 0.1 mg in a child or infant can cause paradoxical bradycardia.
- C. Need for atropine should be weighed against exacerbation of possible ischemic heart disease or AMI. Use with caution in the presence of chest pain.
- D. Can cause ventricular fibrillation in the presence of hypoxia or acidosis.