

**NORTH COAST EMERGENCY MEDICAL SERVICES
POLICIES AND PROCEDURES**

Policy #6519
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Subject: Treatment Guidelines – ALS
Abdominal Pain (Non-Traumatic)

Associated Policies: 5310, 5408, 5438, 6502, 6503, 6555

- I. Priorities
 - A. ABC's.
 - B. Identify signs of shock. If signs of extremis, do not delay transport.
 - C. Determine differential diagnosis and anticipate treatment needs.
 - D. Evaluate all epigastric abdominal pain for cardiac involvement.
- II. Abdominal Pain without Shock or Extremis
 - A. Ensure a patent airway.
 - B. Oxygen administration per Policy #6030.
 - C. Pulse Oximetry when available.
 - D. Position of comfort.
 - E. IV access if needed for medication administration.
 - F. Consider Ondansetron (Zofran) per Policy #5438.
 - G. Cardiac monitor.
 - H. Consider pain control per Policy # 6555
 - I. Transport.
 - J. Contact base hospital.
- III. Abdominal Pain with Shock or Extremis
 - A. Ensure a patent airway.
 - B. Oxygen administration per Policy # 6030.
 - C. Pulse Oximetry when available.
 - D. Position of comfort.
 - E. Establish. IV with large bore cannula. Do not administer IV fluid unless indicated by blood pressure less than 90mmHg. Establish second line for patient in extremis and vital signs are not improving with fluid.
 - F. Cardiac monitor
 - G. Consider Ondansetron (Zofran) per Policy # 5438.
 - H. Transport.
 - I. Contact base hospital.
 - J. Prevent hypothermia.
 - K. Consider Dopamine per Policy # 5408 for persistent hypotension not responding to fluid administration.

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